An Introduction to the Mysteries
THE CALL OF THE NIGHTINGALE
Tricia McCannon

Overview

The Journey Begins
Hermetics, the Symbol Language of the Soul
The Symbols of the Phoenix Fire Lodge
Entering the Pillars of Knowledge
The Great Mystery Schools of the Ancients
The Lineage of the Phoenix Fire Lodge
The Three Steps of Isis and the Beginning of Wisdom
The Golden Triangle of Wisdom
A Trinitarian and Dualistic Universe
The Three Pillars of Illumination and the Vision of Divinity
The Quest of the Initiate and the Glimpse of Higher Realities
The Door, the Way and the Path of Awakening
SPRITUAL EXCERCISES
OVERVIEW OF the 12 Courses in the First Year Program
“You ask how we can know the infinite?
I answer, not by reason...
You can only apprehend the infinite by entering into a state in which
You are finite self no longer.
This is the liberation of your mind from finite consciousness.
When you thus cease to be finite, you become one with the infinite.
You realize this union, this identity.”
Plotinus (204 to 270 C.E.)

THE CALL OF THE NIGHTINGALE

The Journey Begins

Congratulations. You have just begun a journey into the true nature of yourself and the essence of the Divine. This journey within the ancient world was known as the Mysteries, for it took the initiate into the deepest Mysteries of creation, and the heart of God. These Mysteries were once taught across the world in various schools and universities of what became known as the great Mystery Schools. There were many chapters of these schools that can be found in ancient historical references and...
we will be touching on some of them today, although much of the last 1600 years of Christian, Jewish, and Islamic history has been focused on obliterating their memory. Yet now, as we stand at the end of the Piscean Age and the birth of the Age of Aquarius, an bright age of enlightenment known for its outpouring of light, we have the unique opportunity to again awaken to the precious, immortal wisdom of the Divine that was once taught by the Ancients, and to remember again the essence of who we are.

Robert MaCoy, a 33\textsuperscript{rd} degree Mason and author of the \textit{General History of Freemasonry} writes that: “Throughout time the Mystery Schools chief objective was to teach the doctrine of one God (Creator), the resurrection of man to eternal life, the dignity of the human soul, and to lead the people to see the shadow of the deity in the beauty, magnificence and splendor of the universe.”

It is clear from the amazing roster of philosophers, scientists, and humanitarians who claim membership within these Orders, that these great Mystery Schools had nothing but the most noble of intentions for mankind. In the ancient world we find Pindar, Percales, Plutarch, Hypatia, Parmenides, Zeno, Thales, Empedocles, Anaxagoras, Plotinus, Cicero, Solon, and Heraclitus, as initiates of the Mysteries, to name just a few. This group also includes the Greek philosophers Plato, Socrates, and Aristotle, from whom much of today’s western philosophy is derived today; Pythagoras, the father of mathematics; Herodotus, the father of Greek history; Hippocrates, the father of modern medicine; Euclid, the founder of Euclidian geometry; and Democritus, the discoverer of the atom.\textsuperscript{1}

During the Middle Ages, after the secret stream of Mysteries had long been forced to go underground and began to surface once more, we find that the names of their initiates reads like a “Who’s Who” of western civilization: Leonardo da Vinci, William Blake, Sir Isaac Newton, Johannes Kepler, Sir Walter Raleigh, John Milton, Daniel Defoe, Victor Hugo, Thomas More, Roger Bacon,

\footnote{\textsuperscript{1}Dr. Paul Brunton, \textit{A Search in Secret Egypt}, (York Beach, ME: Samuel Weiser), 1977), pg. 186.}
Copernicus, William Shakespeare, Botticelli, and the esotericist John Dee. All of these deep thinkers drank from the underground stream of the Mysteries, and used it as a foundation for their life’s work.

The great Mystery Schools sought to create a ladder of systemized teachings that would lead each person to a direct understanding of the divine spirit that lies within each one of us. It is evident that even profound masters like Jesus participated in these Mystery Schools, for in the Gospel of Philip we read: “The Master did everything in a mystery: (his rites of passage were) baptism, chrism, Eucharist, redemption and bridal chamber.”

The sages who developed this curriculum did so by creating a very systemized course of studies that included the development and awakening of both sides of the brain - or we could say, the masculine (Right) and feminine (Left) parts of the human being. In Egypt, these streams of learning were called the Left and Right Eyes of Horus. More specifically they were also called the Right Eye of Ra, god of the Sun, representing the positive energies of action, reason and logic, and the Left Eye of Thoth, god of the Moon, representing contemplation, the development of one’s inner senses, and pure being.

In just a few moments we will be speaking of the great Spiritual Hierarchies who first established these Schools for the evolution of the human spirit, as well as the structure of the teachings that they used. However let us first discuss Hermetics, one of their primary means of transmitting this knowledge in written or spoken form.

---

3 Ibid, p.51.
Hermetics, the Symbol Language of the Soul

Hermetics is the sacred language of the soul. Within the world of the Mysteries, it was the single most powerful language used to convey the abstract principles of how God expresses Itself and moves from the Invisible to the Visible; how the worlds of form connect with the worlds beyond form; how the world of the mortals is linked to the worlds of the gods, the angels, and the multitudinous other beings upon the vast chain of existence.

The use of symbol was a perfect instrument to convey these Mysteries, not only because at the higher levels, truth is primarily conveyed through images, but because one image is worth a thousand words. For the uninitiated populace, the use of such a symbol would only appear to have an outer meaning that they could not interpret, much as many archaeologists today have come up against a wall in understanding the vast array of carvings inscribed on temples. In other words, the person would only see a column, a bird, a beehive, a star, the sun, the moon, etc., and not have the knowledge to comprehend its greater meaning. But for those who were initiates – who had been trained in the esoteric language of the Mysteries, they could contemplate these symbols and perceive the multi-leveled meanings in a way that echoed in their souls.

In the Gospel of Philip we discover that Jesus also knew this language and taught it to his students: “Truth did not come into the world naked, but it came in types and images. One will not receive truth in any other way.”⁴ This reveals that Jesus too, was aware of the transmission of wisdom through the language

⁴ The Gospel of Philip 67-69.
of symbols and used it in his ministry.

The word *Hermetics* derives from the Greek god Hermes, long known as the “god of truth and wisdom.” Hermes Trismegistus or Thrice Great Hermes was in reality, the Egyptian god Thoth, the “Lord of Divine Words.”\(^5\) Thoth was known to have bestowed upon humanity almost the entire spectrum of human knowledge spanning the fields of geometry, architecture, astronomy, astrology, herbs, healing, mathematics and spiritual philosophy,\(^6\) and it is to Thoth that the establishment of the first common tongue is given.\(^7\) In fact, Thoth and his loving wife Seshat are credited with creating not only the sacred hieroglyphics of ancient Egypt, and the hermetic language, but the 26-letter alphabet used in romance languages around the world today.\(^8\)

Clement of Alexandria, one of the earliest Church fathers, writes in the first century after Christ\(^9\) that in his day the Royal Library of Alexandria housed 42 books written by Thoth that contained all the wisdom of the ancient world in subjects as diverse as law, medicine, science, astronomy, astrology, geography, physics, writing, cosmology and magic.\(^10\) And it was well acknowledged by the Ancients that Thoth’s vast wisdom inspired the writings of *The Hermetica* and the *Book of Poimandres*, found within the early Christian gospels.

We will be encountering Thoth many times throughout our journey, for, like Jesus, he was one of the greatest masters to have ever walked this planet. Like Jesus he was called the Logos, for he contained the seed of wisdom from which the Universe is born. Thoth’s legacy was to endow humanity with knowledge of

---

\(^{6}\) Ibid, p. 414.
\(^{9}\) The actual dates of Clement’s life are still unknown to historians, but he is believed to have been born around 150 C.E. and died around 220.
\(^{10}\) Budge, p. 414.
both the natural laws of the physical world and to inspire the creation of the Mystery Schools that gave human beings knowledge of the spiritual worlds.\(^{11}\)

### The Symbols of the Phoenix Fire Lodge

Using the sacred language of Hermetics, we discover in the name of our Lodge three sacred emblems: the Phoenix, the Eagle and the Dove, representing the eternal aspects of the Divine Father, Mother, and Holy Child. Each one of these birds had great significance within the ancient world, as well as our modern day theologies. Yet today most of us have lost the ability to even understand these symbols, yet they are intrinsic to the very nature of reality long before religion even existed.

As we will discover in the deeper teachings of Egypt, the Phoenix Bird has long been a symbol for transformation. It represents the power of the Holy Spirit manifesting in human form as the Holy Child. The teachings of ancient Heliopolis, the sacred City of the Sun, taught a being of enormous light periodically incarnates into our world. He comes from the Higher Realms, streaming clouds of glory, before he sings his song to awaken humanity. Then, after laying the eggs for his next incarnation, he perishes, only to be reborn in another age. This symbology is attributed to Jesus, as well as other incarnating World Saviors.

\(^{11}\) Despite the fact that we are told by history that Thoth wrote over 36,525 books, or one for every day of the year, only five of his books remain to us today: *The Emerald Tablets, The Hermetica, The Kore Kosmu, The Kybalion*, and the *Papyrus of Ani* or the *Egyptian Book of the Dead* as it is better known, believed to have been based on texts originally written by Thoth. These texts were then rewritten and added to by priests in both Heliopolis and Thebes for over 2,000 years. We will address all of these in *Jesus and the Return of the Suns of God.*
The Eagle, of course, has long been a symbol of the all-seeing Father energy, the great Thunderbird whose wings turn the Universe in the never ending spiral of creation. The Dove, well known in Christianity as an emblem of the Holy Spirit, called in by Jesus after the Resurrection, has always been linked to the healing presence of the Divine Mother. Thus the Hermetic symbology of this Lodge honors these three aspects of Creation: the Divine Masculine, the Divine Feminine, and the Divine Lords of Light who come into the world from age to age to lift mankind.

**Entering the Pillars of Knowledge**

At the beginning of the candidate’s journey it was said that each Initiate who was accepted stood before a gateway. Thus, at this moment, you the reader, stand before just such a portal. You are at the beginning of this great course of knowledge, and whether you enter it or pass by, lies entirely in your hands.

In the ancient world this gateway was symbolized by two great pillars of Knowledge, which even today can often be seen at the entrance to our churches, synagogues and cathedrals. These two columns, sometimes represented by the numbers 11, or 11:11, can also be seen before the doors of many of the great temples of the past. Sometimes the columns before these temples may even
number four, eight, ten, and sometimes twelve – all numbers having great significance in the journey of the Mysteries, yet it was the two that stood before the temple doors that signified the beginning of the journey to awakening.

The two significant pillars had many levels of meaning. First, they symbolized both the male and female aspects of our human nature – a polarity that each candidate had to balance to truly enter the heart of the Creator. Secondly, the two columns represented the Middle Path that lay ahead of the student, a path taught by Buddha, Thoth, and Jesus, whose great spiritual path of love was called the Way by early Gnostics. Thirdly, these two pillars symbolized the entry way or invisible veil of Mystery that separates the world of common secular thought, from the inner secrets and unseen principles that make up Creation.

Cosmologists and mystics alike would call this outer world, or world of form, the Explicate Order. The invisible but causative world they would call the Implicate Order – the world of generating principles that allows us to come into existence.

**The Druids**

To the Druid sages these two pillars were symbolized by two of their most sacred trees: the White Birch on the left that symbolizes the Divine Mother principle, a presence said to have existed before either time or space was created. This is the limitless Ocean of Love and Mercy, present before the formation of the Lower Worlds. It is the endless Ocean of Being from which all arises. On the other side was the mighty Elder tree on the right. This tree was an expression of the Divine Masculine principle that was knotted and gnarled by its journey in the worlds of
suffering. And it was said that the pure unblemished love of the Mother principle had the power to heal the wounds of the Father after his sojourn in the Lower Worlds. Initiates knew that it was between these two trees that each one of us stands on the One Nameless Day, the Day of Judgment when we come face to face with our Creator.

Freemasonry, a modern day philosophic path derived from a combination of far more ancient Egyptian, Jewish, and Christian traditions, tells us that these two pillars marked the doorway from one place to another, almost like a star gate, or transportation device. They trace the origins of these pillars back to the mythological Pillars of Hercules which were said to have once stood on the rocks at the Straits of Gibraltar. These pillars were a passageway between the golden Island of Atlantis and the safe blue waters of the Mediterranean Sea. For ships at sea, to pass between them was to finally find the home of a safe harbor.

**Egypt**

In Egypt, two such pillars were erected as gigantic obelisks at the entrance to the Temple of Karnak in Luxor, a vast temple complex that in the system of the Nile initiation temples represented both the human heart and the high heart of the Christ Consciousness. This is a journey that each one of us must take to become self-realized, and thus it was the site of the King making ceremony for all the ancient Pharaohs. The Temples of Luxor had 22 obelisks in total, symbolizing the activation of the 22 genes in our human DNA, a knowledge that modern day historians and archaeologist have conveniently ignored.
And just below the sands of the famous 22 acre Giza plateau, two such pillars were also said to have stood beneath the Sphinx - one column was made of emerald and one of gold. These pillars, erected by Thoth, were said to have held the entire history of the human race up until the time of the sinking of Atlantis. The famous Greek historian Herodotus claims to have seen these columns with his own eyes. Upon their surface were inscribed with the principles of Truth that each initiate must know to gain access to the Higher Worlds. And long ago, it is also said that two large columns also stood before the paws of the lion-like Sphinx, the gateway for initiation. Each candidate had to pass between these pillars before entering the secret labyrinth of mazes and temples that lay beyond as the doorway to initiation.

King Solomon

Centuries later this same symbology was adopted by the Jews in the building of King Solomon’s Temple. This famous edifice was said to have been an exact duplicate of the large Temple of Ninurta in Babylon, causing us to reflect on the deeper history of the god Jehovah, who was clearly known by another name in earlier millennia. The Chaldea architect that King Solomon chose to build his temple was Hiram of Tyre, a learned master Mason and initiate, who is still highly honored in Freemason circles today. Herodotus, the famous Greek historian (450 BC) claims that in Tyre there were two other such pillars, “one of gold, the other of emerald,” at the Temple of Hercules, repeating the importance of this far more ancient symbology from Egypt.
Today these two columns are referred to as Jachin and Boaz, names that come down to us from far more ancient centuries. They are mentioned in the Old Testament in three separate Biblical passages: 1 Kings 7, 2 Chronicles 3: 15-17, and 4:11-13. This gives us insight into the antiquity of their presence within the ancient Mystery traditions of Israel, Chaldea and Egypt. We learn from the Freemasons that in many cases these pillars were constructed with hollow centers so that they might contain the records of the great spiritual teachers who had founded them. Jachin is translated as “may it establish” or “may it affirm,” speaking perhaps of the depth of commitment needed to place one’s foot upon the path of wisdom. Boaz means “with strength,” underscoring the courage needed to pursue a life committed to Truth.

The Doorway

Yet as be probe a little deeper, we discover still deeper meanings for these terms. In Daniel Beresniak’s slender illustrated book the Symbols of Freemasonry (Barnes and Noble, 2003), he notes that the Hebrew word for pillar is amoud. This word derives from the Hebrew root letters ayin, mem and daleth. These words mean “to stand upright, to be situated there.” Kabbalistic wisdom from the deeper esoteric side of Jewish thought reveals that ayin means the eye, mem is water, the origin, the Mother, and daleth is the door. This tells us that to stand between the two pillars of wisdom is to enter the door, the Eye of God, where we may ultimately come into the presence of the Divine Mother and the Mysteries of God.

Thus now, as you read these words, you begin a journey into the heart of the Mysteries. Like the path of the ancient candidates, it will be a journey filled with transformation and insight, realization and awakening. And its first step is to become awaited with an ancient Order of adepts and masters known as the Great White Brotherhood.

The Great Mystery Schools of the Ancients
Throughout the world there were many chapters of the Mystery Schools, most inspired by the work of one or more great spiritual teachers who were members of an overarching organization that we shall call the Great White Brotherhood. These names include Thoth, Horus, Isis, and Serapis Bey in Egypt; Krishna, Rama, and Buddha in India; Confucius and Lao Tzu in China; Mithras/Mithra and Zoroaster in Persia; Quetzalcoatl or Kuklakan in Central and South America; and Hu Hesus, Thoth and Apollo (Horus) in Britain to name but a few.

The choice of the name Great White Brotherhood was not chosen to express in any way a sexist or racist division. It was selected to represent a fraternity of like minded men and women, adepts and sages, whose devotion to the light made them brothers and sister in humanity. Their myriad members crossed all boundaries of religious, national, and social demarcations, recognizing within each one of us the immortal soul of the Divine.

These masters chose the color white to represent purity; it was the color closest to the sun that contains all colors within itself. The Sun, being the most visible symbol of light or illumination within our world, thus represented the core purpose of the fellowship, which is enlightenment. Like the heart that beats within all living things, the Sun was seen as the center of our solar system, it was and is the pulsing heart that powers all things. Manly P. Hall, a 33rd degree Mason writes: “Each living being contains within itself a centre of life, which may grow to
be a Sun. In the heart of the regenerated, the divine power, stimulated by the Light of Logos, grows into a Sun which illuminates his mind.”¹²

In the ancient world this Sun was believed to exist as three separate, but interconnected lights: the *Spiritual Sun* which is the spirit of God Itself; the *Soular Sun* which manifests in the return of the various Sons of God who come to uplift mankind; and finally the *Material Sun* that we see in our sky each day. This visible Sun acts as the vehicle of manifestation for the light of the Holy Spirit.¹³ “Light is the subtest, most intangible of things which man can register by means of one of his five senses... It is the most ethereal element science can handle, and even the various kinds of invisible rays are but variants of light which vibrate beyond the power of our retinas to grasp.”¹⁴ Hall continues: “This divine irradiation shines upon all from the outside just as the Sun illuminates every object with its rays... being firmly established in itself it makes its way through all existing things.”¹⁵

This Great White Brotherhood has been known by many names throughout the millennia. It is composed of men and women, masters and sages, and spiritual beings of all types. Some members live on our planet in physical human forms, while many others serve in temples, councils, and libraries of learning on the Inner Planes, beyond the realm of the physical world, but overseeing it.

During the course of our studies in Levels One and Two, you will be learning about these Inner Planes, and how they extend in a graded expression of vibrations from the world of the Absolute to the worlds of form. You will also learn in the

---

¹² Hall, p. 142.
¹³ Ibid, p. 141.
¹⁴ Ibid, p. 29.
¹⁵ The great Theosopist Iamblichus in his discussions with Porphyry about the nature of Creation, found in the ancient book *De Mysteriis Aegyptorum*, or *The Egyptian Mysteries*. 
Spiritual Exercises portion of the Wisdom Discourse, how to begin to shift your consciousness and travel into these planes while still living in the human body.

Many Mansions

Throughout the history of our planet the spiritual Fellowship has inspired many spiritual traditions, creating a framework of wisdom in many different lands. Originally established by the great master Thoth, the Great White Brotherhood is said to have had at least 72 separate Orders throughout its long and illustrious history. Today, there are still many that we might still recognize: the mystical Essenes, the mysterious Magi, the contemplative Buddhists, the mystics of the Carribe, the Eleusinian Mysteries of Greece, and the virtually invisible college of the Egyptian Therapeutae.

Yet there have been many other chapters of equal importance, including the esoteric Rosicrucians, the egalitarian Freemasons, the gentle Theosophists, the courageous Knights Templar, the holy Cathars, the Knights of the Round Table, the Order of Melchizadek, and the ancient Order of King Solomon. Over time many of these groups have become targets of extermination by more secularly-minded authorities who feared the freedom they brought to men’s hearts and minds, preferring the heavy hand of wealth and power. Some have been infiltrated, sowing dissension, fear and distrust. And some have become the stuff of legend, shining brightly in their day, renowned throughout the world, only to pass into the misty land of fable.

Still, the spirit that inspired them still remains; the masters who oversee this world exist on the subtle planes of vibration, yet they work through you and me.
On a personal level they make contact with us, and if they find that our heart is pure, and our desire to serve is real, over time they will enlist us in their ranks and work with us. From time to time these great sages also may choose to take birth in our world, choosing to directly turn the tide in the midst of darkness. Some of the least known, yet purest of these chapters are the Order of the Golden Robe, the Order of the Violet Flame, the Priestesses of Isis, the Order of Melchizadek, the Vairagi Masters, the Order of the Golden Eagle, the Order of the Seven Rays, the Order of the Emerald Cross, the Order of the White Dove, the Order of the Jade Gate and the Order of the Golden Phoenix.

The Eleusinian Mysteries

Perhaps the most famous of the ancient Mystery Schools still recognized by Western historians today are the famous Eleusian Mysteries of ancient Greece. This is because Western civilization claims its heritage from a Greco-Roman base. Yet, in truth, the Mystery traditions of Greece were first seeded by Egypt, and then developed on their own. Herodotus, the famous Greek historian tells us that “We Greeks are as children next to the Egyptians - anything of worth we have (including their understanding of “the gods”) came from Egypt.

Yet Greece did develop its own philosophical stream of brilliance from the devotional theologies of Egypt. And later Roman culture borrowed that stream as their foundation for an empire. Yet as the Age of Aries continue to dumb down the deeper teachings of Egypt, and then Greece, Rome densified the more refined philosophies into a more materialistic expression.
The Twelve Rays of the White Brotherhood

Inner Spiritual Orders Inspired by the Masters
Yet it is a well-established fact that many of the great minds of Greece journeyed to Egypt to sit at the feet of their adepts, including the incredible teacher and master Pythagoras, the insightful philosopher Plato, Euclid, the mathematician, Homer the historian poet, and the statesman Solon.16 According to Porphyry, the Greek philosopher turned historian, who wrote the Life of Pythagoras, Pythagoras was initiated not only into the Greek Eleusian Mysteries, and the Persian Mysteries, but was trained by the Egyptian priesthood at Diospolis, and initiated into its secrets for twenty-two years before he began his famous school at Crotona. Plato likewise spent thirteen years in study at the temples of Heliopolis, the sacred City of the Sun.17 Like the master Jesus, these great men were powerful initiates within the White Brotherhood, including the Eleusinian Mysteries of Greece, the Chaldean and Persian Schools of Mesopotamia, and in the case of Pythagoras, even the Brahmin Schools of Elphanta and Ellora, India.

The Lineage of the Phoenix Fire Lodge

Our Order, The Phoenix Mystery School: the Order of the Eagle and the Dove has been directly inspired by the great masters Thoth, the Divine Mother Sophia, and the great eagle Horus, a name used in ancient Egypt as both a Redeemer of mankind, who was also an expression of the Divine Father principle.

Thoth, whom we shall learn a great deal more about during the course of our journey into the Mysteries, was the original architect of many of the great

---

17 After the death of Socrates, Plato traveled for many years before returning to Greece. REF: Brunton, p. 28.
Mysteries Schools all over the world. Sophia was the name given in the Jewish traditions to the Mother of All Wisdom. In Egypt it was believed that this Spirit incarnated in Isis, the Goddess of Medicine, magic, civilization and wisdom. Isis was often called “She of 10,000 Names and 10,000 Faces,” meaning the Great All Mother who incarnated again and again into the world in various personas to help alleviate the suffering of mankind. I have long known his Divine Presence as Auriel, the Creatress of Unconditional Love, a presence that permeates the Universe. And finally there is Rigel, the Great Eagle whose wings turn the galaxies in the great, eternal spiral. This being rarely comes to Earth in any form, but long ago in human history he was known as Horus, a symbol that represented truth, healing, and the return to balance.

These beings founded this school, so they may, in the course of your studies, choose to make contact with you at a personal level, for they are the overseeing energies behind this Lodge. While you will undoubtedly began to have experiences with various Masters in the White Brotherhood, I mention this only because since they oversee this School, you may well encounter them for yourselves.

If this happens, you are greatly blessed. The contact with such a Universal Being is quite life changing, and one of the most heart-opening experiences you can ever imagine. For those who wish to know more about how I first encountered these beings some twenty years ago, I would refer you to my first book Dialogues with the Angels.

The lineage of the Phoenix Fire Lodge is derived from a number of powerful streams within the Mystery traditions. The first is the Order of the Vairagi Masters, an ancient Order of adepts and sages found primarily in the Far and Middle East, whose overarching purpose is the spiritual enlightenment of mankind. Today, there are at least a half dozen of these masters who still walk our planet, some able to sustain their bodies for hundreds of years. You will be learning about them in over the course of the next few months.
The Vairagi are primarily interested in the awakening of individuals, unlike some of the other chapters of the Great White Brotherhood who have committed to remain on this planet until the last sentient person has awakened. Once contact is made with these masters, and an initiation occurs, they access the readiness of the student and their willingness to transcend this world. To this end they teach a process called Soul Travel, a way of learning to move beyond the physical body and senses, and journey into the Threshold Worlds, or Inner Planes of God. During the course of the training you will go through, you will also be learning these techniques, for I have been a student of the Vairagi for over 35 years, and a High Initiate for over 20 years.

The second stream of wisdom that shapes and informs the teachings of the Phoenix Fire Lodge is the Native American Twisted Hair. In Level One you will learning the sacred Wheels of the Mystery traditions from the shamanic culture of North, South and Central America. These intricate and profound Medicine Wheels give form and shape and meaning to our understanding of the world around us, and remind us that all kingdoms are interrelated to one another: the mineral, the animal, the plant, and the human. In Level Two we shall take this one step further by addressing the Medicine Wheels of the Gods and Goddesses, or the Archetypal energies as the descend from the Invisible realms. We will also be revealing the hidden teachings of the Twelve Extraterrestrial Races that Seeded Mankind, helping to create the highly diverse human legacy of which we are a part.
In addition, in Level One, each of you will begin to enter the Mysteries of the Divine Feminine, for the face of the Goddess, largely unknown to many in the modern Judeo Christian world except through Mary, the Mother of Jesus, and more recently the newly emerging picture of Mary Magdalene as the “Apostle Who Knew the All,” the Divine Mother has incarnated in hundreds of forms throughout the centuries. Understanding this powerful aspect of the Mysteries through the feminine Face of God, will not only revolutionize your grasp of feminine wisdom, forbearance, and power, but is deeply needed in the masculine dominant world we live in today – a world divided by anger, war, prejudice and misunderstanding.

A fourth stream of mystical wisdom that must be included in our teachings, are the teachings of Jesus, a profoundly enlightened god-man whose life and teachings, even suppressed by the patriarchal forces of the Roman Catholic Church, have still transformed the lives of millions throughout the last two thousand years. Jesus’ involvement with the Great White Brotherhood, and his study with at least five separate chapters, is well chronicled in my book *Jesus: The Explosive Story of the 30 Lost Years and the Ancient Mystery Traditions*. This very historically based account gives us strong evidence for realizing that the work of the Great White Brotherhood, and of these highly conscious secret societies, is not antithetical to true Christianity, or to the teachings of love and celestial unity that Jesus once taught.
A fifth aspect of sacred teachings we will be addressing throughout this series, is that of ancient Egypt, as well as ancient Greece. During your study of the Second and Third Levels of this Mystery School, the importance of these two streams of knowledge will become increasingly apparent as we begin to work actively with the deities themselves. Portions of this more potent wisdom has come down to us, at least in part, through the mystical teachings of Judaism and Christianity, but once this wisdom existed in a holistically unified way in ancient Egypt. For example, on the Jewish Tree of Life it is believed that there are 10 visible Sephiroths or spheres that must be mastered on the path to enlightenment. Yet all of these ten attributes were once thought to have been possessed by the Egyptian Pharaoh, who, as a High Initiate himself, was believed to have attained the status of a god-man, or god-king. How he achieved this status is part of what we will discover.

The Three Steps of Isis and the Beginning of Wisdom

In many chapters of the Great White Brotherhood, the Mysteries were taught on Three Levels of Initiation, reflecting the three steps of the Throne of Isis. Isis, the Egyptian Mother of Wisdom, was not only the daughter of Nuit and Thoth, but the mother of Horus. Her crown, a three-step chair representing the Throne of Enlightenment, was the seat upon which all initiates would one day sit in their quest for true illumination. This three-step template can also be said to reflect the physical body, the emotional body, and the mental body. All three of these aspects of ourselves must be brought into alignment for an individual to
be made whole. This trinity of bodies presupposes that the Initiate realizes that we are first, and foremost a spiritual being having an earthly, or mortal experience.

In some traditions, however, like the Mithric, there were seven different levels of initiation. Each of these levels corresponded with one of the seven archetypal planets. Yet even within the Orders which only required three distinct levels, there were several degrees of initiation that must be completed in order to attain the next rung.

Thus in the Phoenix Fire Lodge we have chosen a similar three-step format. The modern day conveniences of the internet have allowed us to offer this format in a way that you can read and study in the privacy of your own meditational space, fitting the Spiritual Exercises to your own schedule. And because we also understand the importance of fellowship, sisterhood, ceremony, and bringing down the Divine power through sacred ritual, we also offer weekend workshops and a five day Intensive for our students.

**The First Level of the Mysteries**

Classically, the First Level of Initiation was dedicated to the principles of the Divine Feminine, meaning the study of Nature in all
her forms. This includes a knowledge of healing, herbs, gemstones, plants, animals, and the underlying intelligence of Nature, herself. The ancients knew that by studying the secrets of the outer world, we can begin to decode the underlying template of the inner worlds. This is the Matrix of intelligent design that exists behind the world of visible events. They also realized that by spending time in Nature, one learns self-reliance, self-responsibility, and self-respect, not to mention a healthy appreciation for the seasons, the trees, the plants and the animals.

This First Level of Initiation also focused a great deal on the practices of healing – healing both ourselves as well as others. This encompassed the pragmatic study of plants, herbs, poultices, tinctures, teas, gemstones, crystal healing, and the awakening of our own innate abilities to be a receiver for divine light. This training program also taught students how to come into resonance with the heartbeat of the Earth herself, and begin to make a connection with the Source of All Being by dropping into a deeper brain wave state. Today our modern world largely conditions us to be consumed in a “busy Beta brain” state that engenders separation, judgment and criticism. Yet there are deeper brainwave states that open us up to our own creativity, and through the cultivation of these states allow us to glimpse a world beyond the physical senses.

Through this development, underscored by contemplation, and the practice of specific exercises, every individual could begin to glimpse the Supreme Intelligence of the Divine through more than just an intellectual filter. Through the exercises of meditation, self-reflection, specific breathing practices, and experiential Mystery dramas, they ushered the student
into a direct experience of the multi-dimensional universe in which we live, and taught them to tap into their own healing abilities.

This shift in brainwave activity cannot be underestimated, for it is just through such a change that any one of us begins to experience our inner spiritual gifts. These innate spiritual senses include the awakening of Clairvoyance, Clairaudience, Clairsentience, and Claircognitive abilities – other names of Inner Sight, Inner Hearing, Inner Feeling, and Inner Knowing. These are all God given faculties, like the ability to leave our bodies each night as we sleep. In actively learning to remember, we begin to develop Out of Body Travel, better known to therapists today as Lucid Dreaming.

The ancients knew that until we can learn to remember our journeys into these Inner Planes if we cannot attune to our Higher Selves. Eventually this training opened up the Initiate’s awareness enough to begin to hear the small, still Voice Within, and to glimpse the majesty of Creation itself.

The Second Level of the Mysteries
The Second Level of Initiation within the great Mystery Schools was focused on the Divine Masculine, the Mysteries of the Divine Father who periodically comes to Earth in human form. These various incarnations were called the Sons of God, and they were believed to happen in specific intervals of time.

In Egypt, this divine being, or “son” was symbolized by the mystical Benu bird, or Phoenix, a celestial being who comes from the Higher Worlds. During the course of his life he sings his song of beauty, and awakens the world to a higher level of the Divine. Then, dying, he lays the seeds for his next incarnation as the ever renewing and eternal Phoenix. Then he is goes up in flames. The symbol of the Phoenix was later adopted by the early Christians, who saw in the life of Jesus the fulfillment of this prophecy. Thus the Second Level of the Mysteries taught the secrets of the Divine Father and Son to provide a ladder upon which each of us may ascend the Tree of Life.
The study involved in this Second Level of Initiation also encompassed the lessons of many of the sciences we know today, including mathematics, sacred geometry, architecture, and music as the underlying principles upon which the Universe is created. The Ancients understood, as our scientists are discovering today, that sound vibration and harmonics creates the templates for the physical and Inner Worlds, just as in the Gospel of John we read, “In the beginning was the Word.”

Harmonics can be calibrated through number, rhythm and oscillation, and so strong, in fact, was the belief that a student must have this understanding, that both the Greeks and the Egyptians demanded that all disciples seeking initiation into the Mysteries have this foundation. Mathematics, it was said, was the study of pure number; architecture the study of number in space; music the study of number in time; and astronomy the study of number in both time and space.

During the course of these studies, the initiate was also given a grounding in the true history of the human race, the creation of mankind from the highest heavens, and a blueprint of the Inner Worlds. Because the ancients knew that we must develop both our inner masculine and inner feminine natures, the courses were not only intellectual, but experiential, thus they took great pains to organize elaborate trials of courage, daring, heart, humility, and service, allowing each individual to discover for themselves the truth of their own natures. Some of these Mystery dramas were also aimed at creating out of body experiences so that the student could directly experience the inner worlds for themselves, without having to just take someone’s word for it.
It was during this stage that students began to make their own powerful contacts with the great divinities of the higher worlds, ultimately discovering humanity’s greater goal towards self actualization and God realization.

**The Third Level of the Mysteries**

In this Third Level of Initiation students were challenged to integrate their inner and outer natures, coming into harmony with their own male and female aspects. Like the profound teachings of Jesus revealed in the *Gospel of Thomas*, these wise sages knew that in order to “see the Kingdom of Heaven,” one had to awaken both sides of our own natures, clear out negative thoughts and feelings, anger, traumas, and gain control of the Ego nature through the development of one’s higher Soul awareness. To do this required the activation and balancing of seven subtle energy bodies. These seven bodies have been categorized in various ways throughout history, but they basically include our physical, emotional, astral, mental, causal, etheric, and soul natures.
In achieving this, one slowly moved into mastery. Yet, since the process of becoming God-like is never ended, in many systems there were six or seven additional phases of training that an initiate could enter if they so chose. Within the Druid system, for example, only if one completed all seven of these additional initiations could one become one of the two Chief Druids, representing the illuminating power of the solar energy itself.

**The Golden Triangle of Wisdom**

As students of keen observation, the Mystery traditions also sought to understand God through the processes of Nature, and the spiritual principles behind it from three separate, but related perspectives. These are the scientific view, the religious view, and the philosophical view. Each of these disciples was, in turn, tested against the other two to corroborate or validate their observations and theories about both the Visible and Invisible Worlds. In this way they sought to better comprehend the workings of Nature, and the eternal laws of Spirit, in a more holistic way.

Unlike our modern day approach to religion, which has taught us to unconscious conceive of God as a large bearded man throwing lighten bolts of punishment down to the truant masses, the sages of the Mysteries realized that the Intelligence of God was beyond the physical world. Yet it permeated the physical, and was reflected like a hologram within it. Thus the Hermetic principle, “As Above, so Below, and as Below, so Above,” was coined. Therefore they
understood that the principles that we see all around us in the physical are a reflection of the greater principles upholding the Universe.

Since we have yin and yang, male and female, day and night, in the world all around us, they realized that these dualities must also exist at the higher levels, representing the expressions of the Divine Masculine and Feminine, or the Eagle and the Dove. They also observed that the Universe must have this balance to continue.

And similar to the science that is currently emerging today, the great Mystery Schools believed that the invisible laws of God are the scaffolding upon which the visible worlds that we see are resting. Thus they sought to know God as the First Causal Agent of creation, and their philosophies and theologies were focused on this One Absolute Being, and how it gave birth to the structure of the visible world. They speculated upon the very nature of consciousness itself, and how this Presence once arose from the Sea of Becoming. Today scientists are calling that Invisible Sea Dark Matter, and our leading thinkers believe that it accounts for some 90% of the Universe, with the visible world being only 10%.

This paradigm shift is an important one. In the old paradigms taught by the monotheistic, or dualistic religions, the concept of God was often seen from the bottom up, as it were. In other words from the point of view of us puny humans looking up at the sky and wondering whether anyone was listening; whether we would be punished or rewarded for our actions, thoughts, and deeds. However, in this more ancient way
of approaching the Absolute, a paradigm shift that is starting to reoccur today, one asks oneself how the Absolute chose to bring the worlds of creation into form. What laws, what principles, what thoughts, and what processes were used in the descending hierarchy of material and immaterial expression.

By meditating on the initial Singularity or Self-Aware Intelligence (God) that contained all things within Itself before shape and form came into being, the ancient Mystery Schools sought to understand existence from the point of view of the First Cause. Their focus was on First Cause, realizing that from this Divine Mind proceeds all knowledge and all wisdom.

These sages categorized their discoveries as Principles of Hermetic Law, quantified and qualified by Thoth, the god of wisdom. This is a subject that we shall explore fully in the many lessons ahead. In this explosion of principles they discovered an internal logic, created by a Divine Intelligence that could be tested time and time again. They also discovered the existence of a chain of being of which humans are a part, and how the numerous beings, from gods to goddesses, angels to archangels, demons to jinns, were all arranged in an intelligent pattern, extending from the mind of Creation Itself.

The Three Pillars of Illumination and the Vision of Divinity

One of the Seven Principles of Hermetic Law observed and discovered by Thoth is the principle of polarity – in other words, the male and female, positive and negative, within us all. The ancients observed these principles all around them, and they chose the Sun and the Moon as symbols of this yin-yang power. They also observed that within the physical human body these polarities also seem to exist. One of their expressions is in the sympathetic and parasympathetic nervous systems that run up and down the spine, crossing and crisscrossing at various intervals. These intervals seemed to surround specific nodal points, approximately linked to the endocrine system, or the system that regulates life force, or energy
in the body. These endocrine glands include the sexual organs, the adrenals, the thymus, the thyroid, and the pineal gland located in the middle of the head. We will discovering more about these nodal points, or Chakras, in the many lessons ahead, and how the undulating energies of these two systems can be used in the quest for enlightenment.

At the middle of all this activity lies the spine, a straight road running from the lowest chakra at the base of the spine, all the way to the brain. Along the spine lies the Sushuma, or the third or balancing point between the two polarities. This knowledge will become particularly powerful as we learn about the path of enlightenment that Jesus taught, which, like Buddha, was called the Middle Way.

Symbolically these three principles can be seen as representing the Divine Father energies, the Divine Mother energies and the Divine Child in the middle. This is the classic trinity expressed in the Egyptian pantheons through the symbols of Osiris (father), Isis (mother) and Horus (their son). The Divine Child was also represented in the Mystery Schools as a Blazing Star, painted alongside the Sun and the Moon. This symbology emphasized the Soul aspect of illumination found within us all when we awakened to our true identities as Divine offspring. Within the first major Hall of Initiation these three principals were also represented as three pillars. We have already spoken at length about the first two pillars, the Divine Masculine and Feminine parts of our natures. But this third pillar represented the pillar of
Illumination, the path of Horus, the seeker of Truth, the one who through their actions set right the wrongs of the world. And in fact within the ancient Mysteries Schools of Egypt, it was believed that every candidate who was chosen stepped onto the path of Horus – the path of the Higher Self.

Close to this pillar was a ladder that led to the Heavenly Realms. Sometimes there were other human beings or angels depicted on this ladder, making their way up the various multi-dimensional planes to the Kingdom of Heaven. This Hermetic symbology also has profound significance once it is understood from the point of view of the sages and masters who knew that within us lies the potential for greatness. Within each human being there exists an Inner Master, linked not only to his higher, wiser, greater Self, but to the Christed heart of the Cosmos itself.

A Trinitarian and Dualistic Universe

While it is clear to most of us that we live in a Universe with two polarities – the male and the female, the black and the white, the hot and the cold, most of us do not stop to realize that there is a third aspect of creation that lies between these two extremes. Thus, it can be said that we not only live in a dualistic Universe, but also in a triune Universe as well.

The concept of a Trinitarian Universe appears is echoed in the spiritual teachings of many different cultures, mirrored in the sacred teachings of Egypt, India, the Druids, the Celts, the Greeks, the Platonists and Neo-Platonists, and of course Christianity. In many traditions it was said that we, as spiritual beings or souls, have essentially three other natures that we must balance to achieve mastery: the physical, the emotional, and the mental. While we certainly have a bi-cameral brain (meaning two sides of the brain), we also have three types of brains: the reptilian or instinctual brain, the limbic or emotional brain, and the cognitive or thinking brain. We will be discussing this in greater depth later on.
Reality itself could be divided into three specific states: God, the Absolute; the Threshold Realms of the Inner Planes; and the Mortal world of men. Similarly the Ancients conceived that there were basically three kinds of beings: the gods who existed in the upper spheres, the mortals who lived on Earth, and the demi-gods, heroes, or god-men who incarnated to help mankind. This last group lay between the two extremes as a Mediating principle, helping mankind to reach their higher destinies.

The Trinity in Platonic and Christian Thought

In Greek Platonic philosophy these three concepts were expressed as a dot, a line and a circle, simple symbols representing the indivisible Absolute that contains everything (the dot), the extension of that Oneness into the worlds of form (the line), and the visible or explicate Universe that we can see, represented by the sphere. This larger circle symbolizes all that we see in the exterior worlds, including our own reality. Interestingly enough, this visual symbol is quite similar to the diagram used today by physicists to describe the Big Bang. At the center of the circle is the infinite Oneness of the Absolute that existed before physical creation began; the white space represents the explosion out from the center, and finally there is the sphere of the larger circle, symbolizing creation as it exists today. In gold, this image became the symbol for the Sun, or causative principle of creation.

As we will discover, the Ancients had knowledge of these very principles, and often the Hermetic glyphs that they chose to use were a most perfect expression of economy in the describing the very principles that underlie our visible reality.

In Christianity, the dot would be considered the concept of the Father God. The Line would be considered the extending principle of Jesus, the Son of God who appears to show us a way back into the Higher Realms. And the larger circle would be the miracle of creation found all around us; a realm that comes into
being through the Holy Spirit. Most Christians today do not realize that the Holy Spirit is thought to be feminine, and what the Ancients believed is that the manifest world is, in fact, the very body of the Mother. Today, many philosophers We are like fish swimming in this externalized Sea, swishing around discussing whether God exists, whether water exists, and whether there is any Divine Presence anywhere to be found. Clearly, if the male or female aspect of the Divine has created our exterior reality, that Presence is woven into the very matrix of Creation itself.

**The Trinity in the East**

In Hindu philosophy we find a different expression of this same concept. While Hinduism has long acknowledged a singular God, who represents the principle of the all sustaining One behind everything, it has also been said that there are as many gods and goddesses created to help run the universe, as there are breaths taken in a single lifetime. Yet at the core of this operational process are three primary principles. Hindus call the one supreme overarching God, Vishnu. Yet Vishnu, who is beyond the worlds of change, has two other aspects: Brahma, the Creator, and Shiva, the Transformer or Destroyer. In this trilogy we have inherent the same polarities of the Alpha and the Omega, or the beginning and the end. In other words everything in the world of form has a beginning point, and an ending point, even if that this is a world, a plant or a human life. Each of three principles also has a female aspect, once again revealing this dichotomy that we live not only in a dualistic world, but in a tri-fold Universe.
In addition each of these divinities has a trinity within them. Brahma, for example is often depicted with either three or four faces. Sometimes these faces are blowing out, or exhaling the manifest worlds. When there are three faces the symbolism is referring to the three worlds of manifestation below the Invisible Realms. When there are four heads the symbolism is speaking about the creation of the four elements, the four directions, and the four aspects of being.

Shiva, the aspect of creation which represents death or transformation from one state to another, is often depicted with a trident or staff with three prongs. These three prongs represent the cycles of transformation or change from one state to another, spoken of in the Western worlds as the stages of thesis, synthesis, and antithesis. All beings in the world of change go through these cycles, for nothing in the Lower Worlds of form is permanent.
The Trinity of the Goddess

In the teachings of the Goddess or Divine Mother, a path that seeks to honor the sacredness of Divinity as it is expressed in the world of nature or form, there were also three expressions of the Mother principle: the Maiden, the Mother, and the Crone, or Wise Woman. These titles equate to the human phases of childhood and youth, adulthood and marriage, and finally the passage into wisdom or old age. Likewise, the life cycles of men may be placed within the same context: the Youth, the Man, and the Sage.

The wisdom of the Goddess Mysteries also taught that there were activities intrinsic to each of these life stages, and that if any of them were broken or missed because of human tragedy, then our personal expression of fulfillment was broken. Today, this same pragmatic wisdom is echoed in psychology as therapists have discovered that children who have had their childhoods cut short through tragedy or the early bearing of burdens before their time, often suffer greatly as adults. To heal these wounds one must go back and relive these missed stages in growth, or one is never truly whole.

Adulthood however is precisely about the learning of personal responsibility. During this phase of life each of us learn how to set and achieve goals, overcome
obstacles, and maintain a healthy attitude amidst life’s many storms. Only in this way can we learn the power of cause and effect, and discover how our kind or careless actions and thoughts can rebound, causing suffering and pain to others, as well as ourselves.

Finally we reach the stage of wisdom. This is the point in our lives where if we have observed our own decisions over many years and hopefully learned from them through reflection. It is sometimes only by observing these repeating patterns that we are willing to take ownership, or accountability for what we have done, or not done. This is the beginning of wisdom, for no matter how challenging other people’s problems may be, in the end we are the person who is living our own life; we have somehow created or manifested both the good and the bad in our lives; or if events that seem to have had nothing to do with our conscious choices impact us, then we must still observe that how we react to these circumstances is our own choice. Do we rise to the occasion or do we make things worse? Do we act out of a place of forgiveness, or simply mirror the chaos around us, creating more pain, confusion and suffering?

Once we have committed to a path of self-reflection, then and only then can we effectively take responsibility for our thoughts, and words and actions. This is the beginning of wisdom. And in the ancient world it was believed that few had the self-possession to really teach until they themselves had had enough experience to learn the lessons of compassion and karma.

This is the stage of the Elder, Sage or Wise Woman. In Jewish circles it was believed that a man must attain to this older age in order to even become a good spiritual leader or rabbi. Similarly in the Native American traditions, the leaders of the tribe were first chosen by a Council of Wise Women Elders. They selected the male leaders, who in turn guided the actions of the tribe.
In the East this last stage of life was frequently marked by a withdrawal into solitude or reflection. Sometimes this occurred naturally after the death of beloved mate, or the departure of children. Men might become monks or hermits, while women sometimes lived alone in the woods or became nuns or priestesses within the various religious orders. This last third of life was also the time for becoming a teacher to the young, for it was only at this time that anyone had something truly meaningful about life to teach. It was a time of connecting with the Divine, and allowing the cup of life that is often too full with activities and other people, to finally find its balance. From this deeper discourse with one’s higher self, then each individual finally has something of importance to give back to the world.

**The Trinity in Egypt**

This concept of a Trinitarian Universe was also deeply woven into the theology of the wisdom temples of ancient Egypt. This concept was not only associated with the most famous trinity in all: Osiris, Isis and Horus, representing the Father, Mother and Holy Child, but permeated into the three cycles of time, the expression of celestial realms, the immortality of the spirit, and the very forces of creation. We will return to these profound subjects in the next two years of teachings, but let us now consider the concept of the Quest of the true Initiate.

**The Quest of the Initiate and the Glimpse of Higher Realities**
As an immortal being having a mortal or human experience, each of us have returned to this world time and time again for the purposes of discovering the Door that will lead us to these higher realizations. This is the real quest behind the Mysteries. These studies were called the Mysteries because the masters of wisdom realized that no words can begin to contain the majesty of the Absolute; no mind can encompass the totality of this reality. They knew that only through a direct experience of the Divine could any of us begin to glimpse the worlds of light that lie behind the visible one we see each day.

This direct experience of the Divine may be triggered by contact with a master, a teacher, or a spiritual lineage that is still connected with the inner worlds. This direct link up with these higher streams of knowledge is the difference between the genuine Mystery Schools and a college course in theology.

Theology is defined as an intellectual discussion about the nature of God. Theurgy, however, is about entering into a personal relationship with the Divine that transforms, and uplifts your life, and those around you. This is one of the core gifts that was offered by the Mystery teachings, who understood that in order to become enlightened HU-man beings, we must address more than our mental understanding. This direct experience of God was an active one, and it took both inner and outer commitment from its students.

So throughout the course of these vibrationally channeled Discourses, we urge you to use the Spiritual Exercises given at the end of each Lesson, as well as the Self Evaluation Questions to take a step into an arena of personal experience. This way you will not only be able to gauge your own progress in your learning, but perhaps may open the door for yourselves to begin to make contact with these great masters of wisdom.

The Door, the Way and the Path of Awakening

Jesus said, “Knock and the door shall be opened to you; Seek and ye shall find.” In this brief admonition, he reveals that the
path of illumination is one that we must actively choose for ourselves; we must be willing to take the first step. If self-realization matters to us, then we must claim it with the same kind of dedication, passion and excitement we would feel when pursuing a lover.

This Inner Marriage is part of the reason that Jesus frequently used the analogy of the bride and the bridegroom. Thus we find that the mystical poetry of the great Sufi master Rumi is filled with the songs of the lover for his Beloved.

In this longing of the lover’s sacred heart, nothing else would fill the spirit - no possessions, no food, no sex, and no distractions will make us happy for long. No temptations, no matter how alluring, from alcohol to drugs, fame to fortune, will ultimately satisfy the lover’s heart. This yearning for our true Self lies dormant within every human being’s heart, and is most often interpreted as the eternal search for love.

Yet even the love of a perfect partner, no matter how initially satisfying, can take the place of our connection with the Divine. It is our homing beacon back to the Source; our connection with the Source of our true being. And our awareness of this emptiness or longing that calls us back to this path of power is programmed to awaken for each of us at the perfect moment. Ironically, it is often in the midst of our greatest loss, despair, or pain, for it is in that moment that we have the power to lay down our Ego selves, and gain a glimpse of the Higher Realities. This is the balm that heals all pains.

This Quest for enlightenment and wholeness had a specific set of symbologies attached to it, each symbol providing deeper clues into the spiritual technologies once taught by the great Mystery Schools. Jesus referred to this path as the Way. Buddha named it the Middle Path. Thoth called it the Ancient Road, the road less traveled, taken only by the brave of heart. This is the journey we will be making together as we uncover the greatest Mysteries of the Universe.
We hope that you have enjoyed this brief INTRODUCTION TO THE MYSTERIES, and that if you are intrigued, you will take a look at the first meditation we have provided on the following pages, and also at the on-line e-books, DVD's, CD's and classes we offer to assist the planet at this very crucial time in Earth's awakening.

In the following pages you will find a brief description of these classes that can be downloaded as e-books from our website or onto your Kindle device.

In the meantime, we wish you joy and awakening on your journey, and we hope to either meet you in the physical world, or see you on the Inner.

Many blessings,
Tricia White Dove
Atlanta, Georgia
www.triciamccannonspeaks.com
SPIRITUAL EXERCISES

To begin this first exercise, just find a comfortable place where you can sit down in a quiet place.

Try to find some place with back support: a comfortable chair, a headboard behind your bed, or simply a soft cushion on the floor with a solid wall. You can have your legs down and your feet on the floor if you chose a chair, or you can cross them in a classic yogi position. Or if you’re more comfortable, you can also put them out straight in front of you. Just find a way to feel comfortable and unconstricted because an average meditation time is about 20 minutes and you will want to be as much at ease as possible.

Now you are going to begin to take long slow breaths, breathing in through your nose and out through your mouth. This kind of breathing activates certain aspects of your inner senses, and is one of many we will use in our contemplation practices. As you breathe in and out, be conscious of just filling up your lungs as much as you can without stress. Most of us are shallow breathers, and doing this will allow a flow of oxygen to your brain and the cells of your body. The more oxygen you have, the more chi, or life force will be flowing through your body, and this, in turn, will begin to stimulate your inner senses.
Throughout all of the many Spiritual Exercises you will learn in this School, this is the baseline meditation. So place your attention on your breath. Now inhale in a nice slow circle. Breathe out the same way, continually filling up your lungs with air and then releasing. Whenever your attention wanders, place it gently but firmly on the flow of your breath.

Now close your eyes. Put your attention on the center of your forehead, gently, but firmly. This is the location of the Third Eye, known to the Ancients as the *Tisra Til*. Breathe into this location, and then breathe out. Breathe in, filling up your lungs, and then breathe out.

As you do so you may notice thoughts moving across your mind. Bring your mind back gently to your breath, and then to your Third Eye. You may find that your body suddenly begins to itch. That’s just fine. You can scratch if you want to, but then just bring your mind back gently to your breath, and your Third Eye.

Notice as you do this that after many sessions, you will be able to resist scratching. Notice as you do this that it will become easier to observe your thoughts and just let them go. Notice as you do this that over time you may begin to see a blank image or a soft light on the inner screen of your mind. This is the beginning of awakening your Inner Sight. You may even get a flash of blue or violet or gold in the periphery of your vision. This is good. This signals the presence of a master, an angel, or a Spirit Guide.

Just continue to breathe in and breathe out. Breathe in and breathe out, allowing yourself to begin to sink into a deep place of inner quietness, a deep place where time has no meaning. Breathe in and breathe out. Follow the flow of the breath, or life force, as it enters your body and leaves. Follow the movement of thoughts and let them go whenever you notice. Breathe in and breathe out.

This is the baseline state of all Spiritual Exercises. The more you can practice it, the quicker you will find that you advance on the path. It is best to select the same time each day if at all possible. This trains the subconscious mind and the
Higher Self to know that you will be contacting them at this time each day. For some people, mornings are best, just after awakening, but before showering or getting dressed. For others, evenings are best, just before going to sleep. Only you can determine your own schedule, and there are definite advantages to each of these choices.

By meditating in the morning you set your energies for the entire day, so connecting with your guides at this time can help to open the day and make it flow more smoothly. On the other hand, if you have a strict morning time table, a job to get to, or children to take to school, it is virtually impossible to relax because your mind will be too active.

If you are meditating in the evenings, then your day is done, unless of course you work a night shift. This time can be perfect for many people, unless of course, you are so tired that you simply fall asleep and don’t remember anything. In any case, you are just moments from going off into dreamland, so this is an excellent time to call upon your Spirit Guides and then slide gracefully into the other worlds. This can also be a very powerful way for influencing your dreams at night, for as you begin to connect with your Higher Self in meditation, your dreams can become an active conduit for you into the Higher Worlds.

Now, if you are ready, we invite you to step into the First Level of Initiation, the Order of the Dove.

Blessings Be,
Tricia White Dove Golden Eagle
FIRST LEVEL:
THE ORDER OF THE DOVE
On-Line Classes

LESSON 1:  Awakening to the Mysteries
LESSON 2:  Hermetics - The Secret Language of the Soul
LESSON 3:  The Magical Worlds of Dreaming, Soul Travel & Astral Travel
LESSON 4:  Blueprint of the Soul & The Nine Orders of the Angels
LESSON 5:  Human Evolution & The Cycles of Time
LESSON 6:  The Amazing World of Crystals
LESSON 7:  The Wonderful World of Plants
LESSON 8:  Shamanic Animals and the Powers
LESSON 9:  THE HERO’S JOURNEY: The Wheels of the Human Kingdom
LESSON 10: The Tree of Life and the Way of the Return
LESSON 11: Telepathy, Psychic-Self Defense and the Aura
LESSON 12: Becoming the Priest, the Shaman, the Healer

Tricia McCannon
2452 Cumberland Parkway, Suite 850,
Atlanta, Georgia 30339
404-355-2211
www.triciamccannonspeaks.com
FIRST LEVEL:
Overview of the FIRST LEVEL On-Line Mystery School:

THE ORDER OF THE DOVE

LESSON # 1:  *Awakening to the Mysteries*  
- 131 pages  RECOMMENDED DVD’S:  "The Philosopher’s Stone" and "Jesus and the Great White Brotherhood"

In this first discourse, *Awakening to the Mysteries*, you will learn about the structure of the great Mystery Schools, their core precepts, and the powerful symbol language of Hermetics, in which the Ancients concealed their greatest knowledge.

You will discover the three fold power of the brain, the cycles of life, and how the knowledge of this Trinity is reflected in the physical and metaphysical worlds of creation. You will discover its connection with the life cycles of man, the various states of consciousness, and the spiritual doorways of
discovery through which you must pass if you are to take the voyage to the discovery of your own true nature.

This discourse goes into great detail about the nature of **Ceremony and Ritual**, and how and when it should be used in a constructive and life affirming way. We also detail the role of a priest of a priestess, not only in the ancient world, but in modern times, so that as we begin to look at our own lives we can see the areas that we may naturally gravitate to. Lesson #1 also gives you personal exercises for mediation that you can begin to use in your daily life. These processes are continued throughout all of the discourses, and if practiced will open the door to the Inner Planes.

Below we have given a brief description of the each of the next twelve lessons, and it is our suggestion that you take the classes in this order, for while each stands on its own, they are designed to awaken you step by step in the process of knowledge building and establishing a strong spiritual practice for direct experience. As you continue to study, your understanding of this journey will deepen.

**LESSON #2: HERMETICS: The Secret Language of the Soul - 161 pages**

**RECOMMENDED DVD'S:** "Hermetics," "Thoth, Alchemist of the Gods," Thoth & the Seven Principles of Hermetic Law

In Hermetics, the Secret Language of the Soul you will step into the discovery of **the secret** language of the Mysteries, a language known by every human Soul, but long forgotten in our cultures. You will learn how this language is used in the world of dreams, and was once employed to encode the knowledge of the deepest levels of Creation.

You will read about the great Lord Thoth, the Egyptian god of wisdom, also known as Hermes Trismegistus. Thoth was directly responsible, along with his daughter Isis and his grandson Horus, for establishing the
first Schools of initiation in Atlantis, and then in Egypt. These great Mystery Schools and their powerful initiatory secrets then spread out into the world, lifting mankind into the realms of philosophy, science, and all the humanities.

Through the power of Hermetics, you will discover the meaning of an esoteric language, and how it has been passed like an underground stream, down through all the generations of oppression this world has seen. You will learn the forgotten language of the Goddess, find the spiritual keys behind the five elements and discover the symbology of the four Faery hallows. You will also begin to learn the Sacred Geometry of the Universe, discovering the esoteric power of the numbers One, Two, Three and Four, and the underlying template at the beginning of time.

LESSON #3: The Magical Worlds of Dreaming, Soul Travel & Astral Travel -
104 pages - RECOMMENDED CD: "Landscape of the Inner Planes"

In the Magical Worlds of Dreaming will begin to enter the great realm of the Subconscious Mind, and the archetypal World of Dreams. In this amazing Lesson we discover the many types of dreams available to human beings, and how we may learn to access them using our dream consciousness to connect with our Higher Self.

This Course addresses over 14 different types of dreams, including Lucid Dreams, precognitive Dreams, past life Dreams, symbolic Dreams, sorting Dreams, Telepathic Dreams, Creative Dreams, dreams sent from your Higher Self, and dream communications from divinities who exist
in the Higher Planes.

Since the Subconscious Mind speaks in the language of symbols, this Course is designed to help you to discover the archetypal symbol language of the Soul and how it has been expressed for thousands of years. It will also introduce you to a Dream Dictionary, and help you to establish a symbol dictionary of your own archetypal codes and keys. By becoming aware of how the Subconscious Mind is transmitting data, we can open the door to its secrets. Suddenly we are granted access to its language, not only in the Universal scheme of things, but in our own personal landscape of historical associations.

In addition, you will discover the importance of keeping a Dream Journal, and working with Dream Sigils. While two of these Sigils are included in this Lesson, you will discover how they can assist the mind in making contact with the Higher Realms. You will learn how to create dream sachets using herbs that can enhance your memory and increase your dreams.

LESSON 4: *Blueprint of the Soul & The Nine Orders of the Angels* - 138 pages

RECOMMENDED DVD'S: "Connecting with Your Spirit Guides" and "Nine Orders of the Angels"

*Blueprint of the Soul* and the Nine Orders of the Angels takes you on the quintessential journey of Creation itself. Beginning with the question: "What would I have to believe to have created this Life?" we find ourselves moving from the personal to the Universal, as we follow the path of Creation itself from the point of its inception down through the creation of the Angelic kingdoms, and finally into the realms of the Human Beings. To understand this journey we must enter the mind of God, and understand the simple, but eloquent
purpose behind everything.

What is the Source of all Being-ness? Who is God, why did He (or She) create the Universe to begin with? Why are there billions of stars and planets, animals and people, and what is the Course Curriculum in this thing we call life? What is the journey of the Soul through its millions of lifetimes, and what is the true purpose of our lives? How can we best maneuver our way, or respond so that we will have a lifetime of fulfillment and grace?

This profound discourse explains the templates for Creation itself, as it presents our Genesis Matrix, and how each one of us has emerged out of this quantum field. It illuminates how our remembrance of our origins, and explains why such knowledge is essential to our enlightenment and happiness, following our journey through time until we finally arrive here on Earth. In the process we will learn the mechanisms of karma, pain and ego that often trap us in the Lower Worlds and discover how we can awaken from these patterns to begin our return to the Higher Worlds of Light.

**LESSON #5: Human Evolution & The Cycles of Time - 158 pages**

**RECOMMENDED DVD'S: "The Goddess and the Cycles of Time" and "2012 and the Age of Aquarius"**

**Human Evolution and the Cycles of Time** addresses how the mechanisms of human consciousness work within the Cycles of Time. Like a giant celestial clock, the Ancient teachers of the Mysteries knew that the movement of the stars, planets and solar systems largely govern mankind's spiritual slumber and awakening evolution.

In this discourse you will learn how these celestial cycles are linked to the movement of the heavens; how the Moon, Sun, and Galactic cycles are entwined in this stellar dance; and how we can use this knowledge in our own personal process of awakening and ascension.

There are three main sections of this Lesson. The first section allows you to discover the power behind the Moon, the lunar cycles, and strange facts that have been discovered in recent years about this ancient spectral companion to Earth.
In the second section we will learn about the Sun, its natural cycles of polarity, sunspots, and precession, and its spiritual functions as it acts as an intermediary between our planet and the Great Central Sun.

In section three, we will discover the underlying mechanism of the Precession of the Ages, and the crossing of the Galactic Equator which defines the rise and fall of human evolution. We will also explore the return of the planet Nibiru, a planet long associated with the legends of the gods, the tall, long lived Anunnaki teachers who long ago seeded our planet long ago, and brought us the very foundations of modern and ancient civilizations. This planet was written about not only in the Bible, but in ancient Sumeria, Babylon, Egypt, and Assyrian texts.
LESSON #6: The Amazing World of Crystals - 120 pages
No DVD’s currently recommended.

In The Amazing World of Crystals we step into the fascinating world of crystals and gemstones to learn about the physical, spiritual and scientific healing powers of the Stone Kingdom. In this first class of four exciting lessons, we concentrate on learning the powerful Medicine Wheels taught by the Native American Twisted Hair traditions, as well as the history hidden behind birthstone magic. These four classes include: The Crystal Kingdom, the Plant Kingdom, the Animal Kingdom and the Human Kingdom, each of whom make up the balance of the Medicine Wheel essential to understanding and balancing the Earth.

In this first class, The Amazing World of Crystals, we discover how to select crystals, charge crystals, clear crystals, and retrieve information from crystals. We also experience the esoteric science behind these powerful but practical energy helpers, and how to use dowsing to gauge the energies behind the various stones. We learn about the various kinds of beings who have worked with crystals in the past, including the fairies, gnomes, dwarves and dragons, and how the Fire Crystals were once used to summon and communicate with the dragon kingdoms.

At a practical level we learn about the process of gemstone therapy, and discover how to perform an actual crystal layouts on the human body. With diagrams and easy to use charts, we learn which stones work on which chakras and how, through properly applying the right stones to specific areas of the body, we can help to release stress,
stimulate energy and bring our emotional, mental and physical bodies back into balance.

**LESSON #7: The Wonderful World of Plants- 166 pages**

No DVD’s currently recommended.

*The Wonderful World of Plants* takes us into the incredible Wheels of the botanical kingdom, a complex and multidimensional realm that includes the healing power of Herbs, the Celtic Triads of healing, the wisdom once well understood in earlier centuries behind the esoteric meanings of Flower giving, as well as reviewing the Three Flowers of Ascension long associated with self realization and God Awakening.

In this Course we will also learn about the subtle energies of the devic plant realm, the sacred geometry of this realm, and the intelligence of plant spirits. We will also find out about the ancient tree and herb lore of the Druids, which includes the healing herbs of the Celtic Triads, as well as the Tree Alphabet of Ogham going back over three thousand years. We also learn the similarities between the human kingdom and the Tree Kingdom, and touch briefly on the Tree of Life, a subject so large that it deserves its own separate discourse.

In a separate section we also take a look at the wisdom of the Native American shamans, discovering the Four Sisters of healing, the art, practice and principles behind smudging, and the history of tobacco, sage, cedar and sweetgrass. Then, on a practical food level we have included a compendium on edible trees, medicinal plants, aroma therapies, and herbal remedies that can be easily learned and applied in your daily life. Whether you are merely looking to expand your understanding of the plant kingdom,
grow your own food, live off the land, become a healer, or begin to work with aromatherapy and medicinal healing plants, this is an excellent class at many levels of mastery.

**LESSON #8: Shamanic Animals and the Powers - 168 pages**

No DVD’s currently recommended.

In *Shamanic Animals and Their Powers* we step into the incredible world of animals, and how these often overlooked cousins have long been allies to the human kingdom. We learn how animals connect to the world of the shaman, the healer and the magician, and how animals are linked to the world of Archetypes, reflected in religious and spiritual symbols we see today. We discover their application in Holidays, slang expressions, and in the Chinese and Western Zodics.

We step into the hidden world of the Shaman, and how his powers are linked to a world of Allies, who often take the form of animals, thus connecting the Shaman to the power of Shape shifting. We explore the power behind ritual dances, mask making and costumes, and how these rituals were used all over the world to communicate with the power of the Animal Kingdom. This helped the tribe stay alive, be warned of danger, gain information, and successfully hunt their food. In later centuries these totems were adopted by nations and royal monarchies, and in more recent centuries have morphed into our custom of naming sports teams and cars (an allusion to "horse power") in countries across the globe.
In this Course, we also discover the Wheels of the crawlers, swimmers, winged, and four-legged, and the Mythical Animals that live at their center. We find out how these animals may be contacted, and how they act as inter-dimensional bridges between the dimensions. We uncover the lost knowledge of Animal Totems, and what they signified in the archetypal world of the mystic. And through a series of guided meditations, we have a chance to discover our own personal pantheon of Spirit Allies, and establish relationships with these vast archetypal beings of inspiration and wisdom.

**LESSON #9: THE HERO’S JOURNEY: Wheels of the Human Kingdom - 101 pages**

**DVD’s: Blueprint of the Soul, CD: Gods Goddess and the Power of Archetype**

The Hero's Journey: The Wheel of the Human Kingdom, takes us into the archetypal world of the Hero or Heroine that lives within us all. This powerful personal journey allows us to discover the three aspects of the Hero's Journey which are: Separation from our home or place of comfort; Initiation into the world of challenges that brings us to the brink of death and finally transformation; and the Return, a time of coming back to our community in order to share what we have learned with those we love.

This three-part process written of in virtually every great myth, legend or fairytale throughout history. It is the mechanism that allows us to face our inner demons, and be reborn. It defines the world of hardship, heart break, and victory, and it lies as the very heart of the great Mystery traditions. It is the quintessential path through which we uncover the inner wealth that has laid hidden within our own hearts all the time. But how can we recognize such a crisis when it is
happening to us in the moment? By what tools shall we gain the perspective to understand we are entering a most powerful inner test? How can we understand that the evil we seem to be battling is the very crucible in which our Higher Selves can be born?

This powerful journey of discovery is truly the Hero's Quest, and it is the path that each one of us must take if we are to become awakened. For it is only through this mechanism life, death and rebirth, that we may tame our inner dragons, and claim the strength that lies within us. This interactive workshop opens the door for us to experience the power of our fairy tale story, to identify its markers, and embrace the power that will see us through to our true destinies.

LESSON #10: The Tree of Life and the Way of the Return - 186 pages
RECOMMENDED DVD'S: "Ascension Codes and The Tree of Life" and "Return of the Christ and the Shepherd Kings"

The Tree of Life and the Way of the Return continues our conversation about the path of Mastery, and the archetypal journey from the Worlds of Form into the Worlds of Spirit, which is called the Way of the Return. This amazing Lesson is broken down into three distinct sections. Section One begins with the historical Tree of Life as it has been known throughout the centuries, tracing its origins in Sumerian, Egyptian, Mayan, Norse, and Native American thought, finally bringing us the great Kabbalah, whose sephiroth decorate the Tree of Life.

Section Two addresses the little known history of the Anunnaki gods who once seeded our planet, and who gave us the arts and sciences that are the foundation of civilization today. We take a look in this section at the physical Tree of Life that existed in the Garden of Eden, and the later in the protected heart of the Anunnaki’s highest settlement on Mount Hermon. We explore the ancient texts of Enoch, the scribe, who was one of the two men chosen to be "taken up" by the gods, and given this life-extending nectar distilled from the fruit of the Tree. We explore how this Tree of Life appears and reappears in biblical literature and what it portends about the nature of the gods, the nature of the universal patterns found within the Tree, and how this is linked the prophecies of the BOOK OF REVELATION.
Next, in Section Three, we turn our attention to the great teachings of the Kabbalah, an esoteric path of wisdom that was taught within the Egyptian Mystery Schools, and passed down to Moses and the Hebrew people. We explore how the Tree's configuration is described by the masters as the Path of the Return, and how they saw its branches stretching from the highest heights of heaven, into the domain of human beings. We discover the Four Worlds of Creation and how the spheres of archetypal consciousness are nested within this Cosmic Tree.

And we learn how this greater Tree is linked to the archetypal and person selves that live within us all. We take a look at how the archetypes that live upon this Tree reflect the difficulties and challenges we all face in our search for human mastery, and how the healing and mastering of these specific archetypes, gives us entrance into the path of higher knowledge. This allows us ultimately to free ourselves from the cycles of reincarnation. This Tree then becomes a personal road map that helps us define the inner alchemy within the Self, and to heal, balance and reintegrate these various parts of ourselves. This parts may include our past lives, our various sub-personalities in this lifetime, and of course our higher selves. They knew that this harmonization leads to freedom and ultimately is the path of the Master or the Way of the Return.
LESSON # 11: *Telepathy, Psychic-Self Defense and the Aura* - 139 pages
No DVD’s currently recommended.

**Telepathy, Psychic Self Defense and the Aura** introduces you to the energetic world of the subtle energy bodies. This higher interactive discourse is about learning how to send and receive energies, whether for the purposes of communication, healing, or setting up and maintaining a force field for your own protection.

During this workshop we will concentrate on ways to enhance your own abilities with the use of thought forms, color, sacred geometry, and energy balls. We will discuss disembodied spirits, astral entities, demonic spirits and the ways to clear and protect your field or a client. You will also learn how to use dowsing rods and pendulums to detect these energies, and to protect yourself against psychic attack.

LESSON #12: *Becoming the Priest, the Shaman, the Healer* - 112 pages
No DVD’s currently recommended.

**Becoming the Priest, Priestess, Shaman or Healer**, completes this first year of training, and gives you guidelines for the path ahead. It addresses the importance of the path of
the mystic versus the path of the magician, and explains the essential path of the heart that will bring you home.

It focuses on the choosing of your own personal pantheon who are well equipped to support you in the years to come and the completion of your destiny. It addresses the business of healing, and offers practical advice for choosing the path of the Priestess, the Healer, the Shaman or the Way Shower. It reminds you of the power of ceremony, purpose and ritual, and how working with the divinities can expand your own global reach. It also addresses the cycles of giving and receiving, reminding you to recharge, continue with your own inner healing, and to stay clear in your communications and your boundaries.
**Information for Ordering**

These 12 Courses complete the First Year of study in **The Phoenix Fire Lodge**: **The Order of the Dove**. All classes must all be completed before you can go on to the Second Level, THE ORDER OF THE EAGLE, dedicated to the esoteric wisdom behind the Egyptian Mysteries.

Each Course is between 100 and 180 pages long and comes with dozens of gorgeous images, teachings, meditations and exercises. They are each sent to you individually as PDF files. You may choose to study these classes on line or print them out as a written book. Each Course costs $99 if ordered separately. If three Lessons are ordered at the same time, the price drops to $75 each. While you are free to share the *introduction to the Mysteries* freely, we ask that you do not share the On-line classes unless you are a couple living under the same roof. They have taken many years to complete, and in this way you honor the teachers.

All Courses can be ordered on my new website at [www.triciamccannonspeaks.com](http://www.triciamccannonspeaks.com) Payment is through Pay Pal, or you can call us up and arrange to send a check for those who prefer another form of payment.

For most of the Courses we have also recommended specific DVD's that will assist you with each Lesson, however these are optional. Unless noted, each DVD is 2 hours long and cost $20, and the CD's are $15, plus postage and handling. All of these can be found on our website.

It is our deepest wish that these classes be a huge support for you in your quest for deeper knowledge, and that through the wisdom that is shared your own flame may burn brighter in the world. We wish you great joy and success in this journey.

All blessings,

Tricia White Dove